## Tools & Tips for Writing a Clear and Appropriate Informed Consent Document

According to the UMB HRPP Policies and Procedures, readability of an informed consent document should be no greater than a 7<sup>th</sup> grade reading level. In order to measure readability using Word, go to

TOOLS, then OPTIONS, then SPELLING AND GRAMMER Select "Check grammar with spelling" Select "Show readability statistics" Click OK Proceed through the spell check, and when finished, the readability level should be displayed.

If the readability is still greater than 7<sup>th</sup> grade reading level after implementing the techniques discussed above, do the following:

- a. Delete the Subjects Rights section and complete the above operation again
- b. If the readability level is still too high after completing a) it may be beneficial to have someone uninvolved in the research offer suggestions for how to simplify the consent document.

Bibliography:

- 1. Nielsen-Bohlman, Lynn, Allison M. Panzer, David A. Kindig, eds. <u>Health</u> <u>Literacy: A Prescription to End Confusion.</u> Washington D.C.: THE NATIONAL ACADEMIES PRESS, 2004
- 2. Williams, MV. JAMA, December 6, 1995
- Washington DC. The US Census Bureau. <u>Census Bureau Projects Tripling of Hispanic and Asian Populations in 50 Years; Non-Hispanic Whites</u> <u>May Drop To Half of Total Population:</u> Washington DC, 2004.

Other Resources:

- 1. Ad Hoc Committee on Health Literacy for the Council on Scientific Affairs, American Medical Association. Health literacy: report of the Council on Scientific Affairs. JAMA 281 (6): 552-557, 1999.
- 2. Calkins, DR, et al

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- 7. Medline Plus. How to Write Easy to Read Health Materials. http://www.nlm.nih.gov/medlineplus/etr.html
- 8. The National Cancer Institute. Simplification of Informed Consent Documents. http://www.cancer.gov/clinicaltrials/understanding/simplification-of-informedconsent-docs
- Paasche-Orlow, MK, et al. Readability standards for informed consent forms as compared with actual readability. New England Journal of Medicine 348 (8): 721-726, 2003.
- 10. Parikh, N.S., et al. Shame and health literacy: the unspoken connection. Patient Education and Counseling 27: 33-39, 1996.
- 11. Partners Healthcare. Alternative Lay Language for Medical Terms in Consent Forms. <u>http://healthcare.partners.org/phsirb/irbforms/dict2.pdf</u>
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- 13. Schwartzberg, Joanne G. Low health literacy: what do your patients really understand? Nursing Economics 20 (3): 145 147, 2002.
- 14. Medline Plus. http://www.nlm.nih.gov/medlineplus/etr.html
- 15. Center for Health Care Strategies, Inc. http://www.chcs.org
- 16. Society for Technical Communication, Usability Special Interest Group. http://www.stcsig.org/usability/topics/readability.html